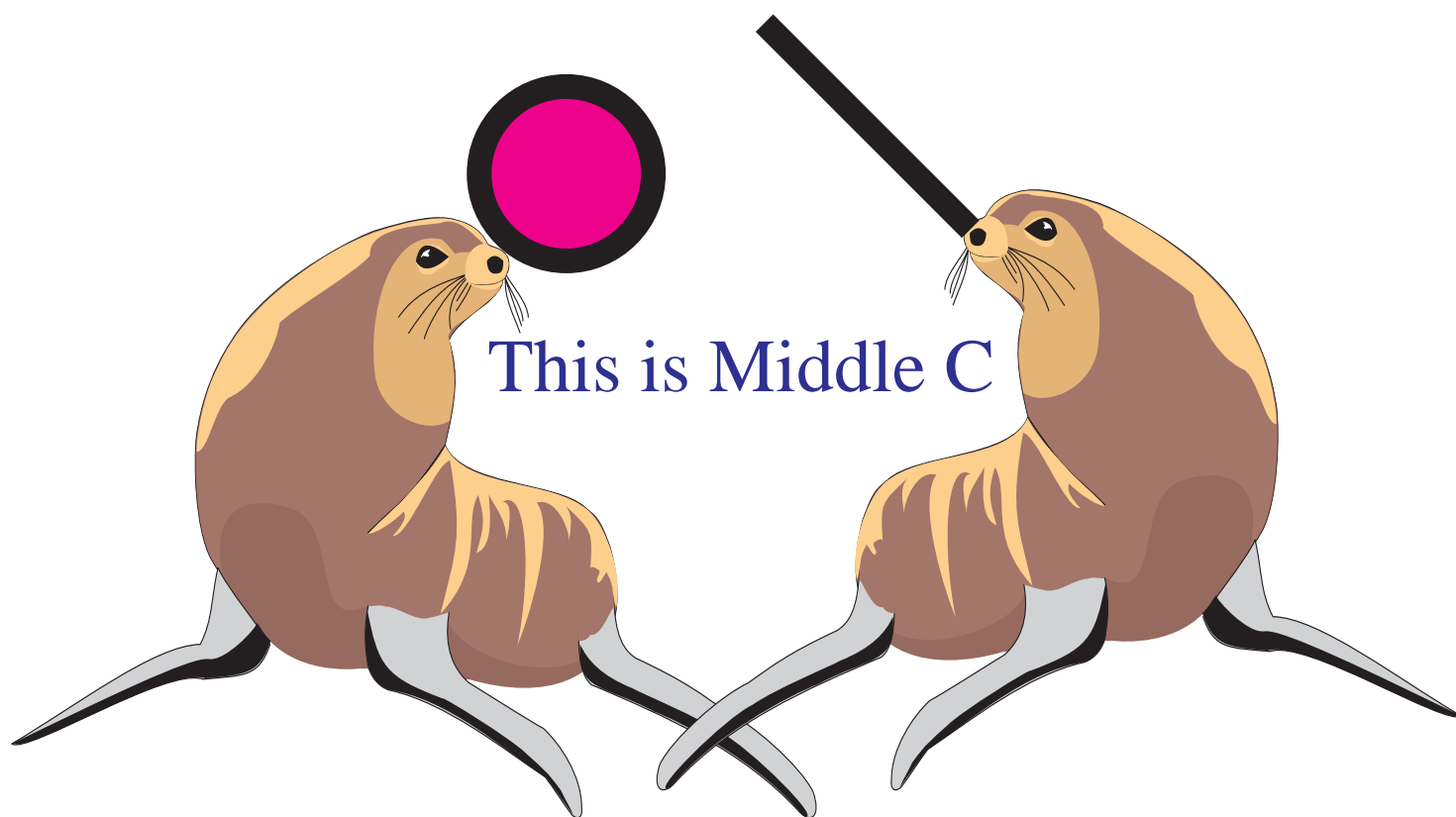
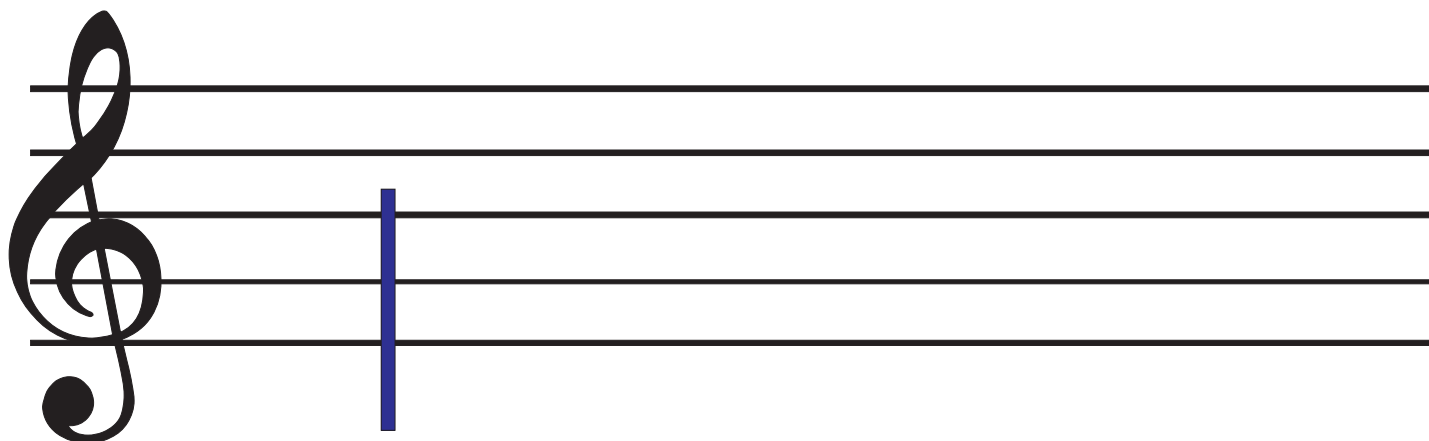


# Middle Seals

Cut out the circle and put it under the staff.  
Cut out the straight line and glue it across  
the circle to make a Middle C note.



This is Middle C